

Is a CSA Right for You?

A weekly box of fresh, seasonal, organic vegetables that will change the way you eat



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A CSA share will probably be a good fit if some of the following apply to you:

- ✓ You love to cook and experiment in the kitchen, or would like to expand your repertoire
- ✓ Quality and taste are important to you
- ✓ You value the local food system, you want to know where your food came from and who grew it
- ✓ You consider yourself a foodie (or you like the idea of becoming one)!
- ✓ You enjoy trying new foods, but might need some gentle persuasion to give something a go (what the heck is kohlrabi anyway?)

SIGN UP NOW AT SOMERFORDGARDENS.COM



What comes with a CSA membership?

- 25 weeks of fresh vegetables delivered to your doorstep on Saturday mornings, from early May to late October (or pick up on the farm for a 10% discount)
- Options to add free range eggs, and local raw honey to your share, and fruit as it becomes available (our fruit tree and berry orchards are young but developing)
- Farm visits and events throughout the year, we love visitors!
- Recipe ideas, storage and prep tips, we help you use every bit of those delicious veggies
- A relationship with your farmer that will help you develop a connection with local food
- The highest possible quality vegetables, we value taste and freshness and are pursuing organic certification in 2018, so you know you will receive the best possible produce.

3 Simple Steps To Sign Up

1. Visit somerfordgardens.com and read the CSA policies and FAQ
2. Fill out your application online and choose your share size
3. Make a payment online, by check, or using Venmo or Chase quickpay, half payment due at beginning of season, balance by July 1st.



What our customers are saying

"I've been in several CSA's before and this has been my favorite. The variety and quantity of food was excellent. My kids ate veggies that they wouldn't normally have eaten... because they were so fresh and delicious" ~Suzanne T., Clintonville, OH

"When I would share my produce, my mother she would always say, 'These are the best carrots I've ever had!'" ~Therese P., Westgate, OH

What can I expect in my share each week ?

Greens such as lettuce, spinach, kale, arugula (1 bag for \$20/week, 2 bags for \$30/week, more in the spring and fall)

2-4 root vegetables (carrots, beets, turnips, radishes)

2-4 fruit vegetables (peppers, cucumbers, tomatoes)

Vegetable availability varies by weather and season, [download our CSA members manual](#) to see the harvest calendar and more information about specific vegetables.

Still not convinced? Have more questions?

Check out our website for lots more info and to sign up.

Contact Farmer Joe at 614-315-1675 (call or text), joe@somerfordgardens.com for more info. We can't wait to hear from you!

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